

# NATIONAL TRAILS DAY CELEBRATION

June 2<sup>nd</sup>, 2007

**Big Tom Challenge/2007 UTS Finally**

## The ARKANSAS ULTRA RUNNER

June 2007

A Newsletter For Members and Friends Of The Arkansas Ultra Running Association

WWW.RUNARKANSAS.COM

Gentle Reader: If your name is highlighted on the address label, your AURA re-enlistment papers are attached.

**AURA's PRESIDENT SPEAKS** – For those planning to camp out before the *National Trails Day Run* on June 2<sup>nd</sup>, it is expected that sites at Camp Albert Pike will fill up early. Alternate nearby campgrounds to consider are Shady Lake and Bard Springs. These sites do not have hook-up facilities.

Phillip Carr informed me that about nine miles of the *Lake Ouachita Vista Trail* are now complete. Eventually the plan is for the trail to extend 35-40 miles. A possible venue for an upcoming AURA race? The trail begins off the Shangri-La Resort road and goes to a parking area on the Mountain Harbor resort road. There are three parking areas on the trail for access. A map and information can be found at [www.lakeouachita.org](http://www.lakeouachita.org)

Memphis area AURA brother Mike Samuelson is organizing the Bartlett Park Ultras later this summer on August 11<sup>th</sup>. Runners have their choice of three distances: 60 miles, 40 miles and 50 Km. Information and entry are available at [www.swampstomper.com](http://www.swampstomper.com)

Another satellite AURA member, Randy "*Running With Payne*" Ellis, recently won the *Cornbelt 24-Hour Track Run* in Eldridge, Iowa. He went 112 miles in adverse condition and did NOT require medical attention. Congrats Randy! ---Stan Ferguson

**THE BIGSHOT adds** – For those of you driving down to the Albert Pike Recreation Area on June 2<sup>nd</sup> for *National Trails Day* and the *Big Tom Challenge*, don't forget that registration will open at 6:30 a.m. followed by a welcome by the Deputy Forest Supervisor at 7:30 and the trail briefing at 7:45. The run will start at 8:00 am. This is going to be good!

Our condolences to AURA's First Lady, Chrissy Ferguson, in the passing of her mother, Margaret Duryea, on May 22nd.

*"Our thoughts are with you and we pray for a safe passage back to Arkansas."*

# ULTRA CORNER

**34<sup>th</sup> Annual C & O Canal One Day Hike** 100K April 28<sup>th</sup> 2007

Jesse Riley 100 K - 20:45 97 starters

This event follows the C and O Canal tow path between Washington DC and Harpers Ferry, West Virginia.

**Cornbelt 24 Hour Track Run** May 5<sup>th</sup>, 2007 Eldridge, Iowa

Randy Ellis 112 Miles **First Place!**

**Massanutten Mountain Trails 100** May 19<sup>th</sup>, 2007 Front Royal, Va

Scott Eason 30:47:08 39<sup>th</sup> place 145 starters/94 finishers

## From the AURA Archives

Arkansans/AURA's at the Massanutten Mt Trails 100

|                        |                 |
|------------------------|-----------------|
| Stan Ferguson(99)      | 25:36:28        |
| Kim Morton(95)         | 29:50           |
| Roy Haley(96)          | 30:23           |
| <b>Scott Eason(07)</b> | <b>30:47:08</b> |
| Roy Haley(97)          | 31:40           |



**Berryman 50 Miler** May 19<sup>th</sup>, 2007 Potosi, Missouri

|                  |                 |          |
|------------------|-----------------|----------|
| 7 <sup>th</sup>  | Paul Schoenlaub | 8:27:36  |
| 17 <sup>th</sup> | Mike Samuelson  | 9:39:07  |
| 32 <sup>nd</sup> | Kimmy Riley     | 10:48:39 |

62 finishers

**Ultra Times, Reports and Corrections to [chrlpytn@aol.com](mailto:chrlpytn@aol.com)**

**RETREADS! (Retired Runners Eating Out) Meet monthly at Franke's Cafeteria on Rodney Parham at 11:30 a.m., the first Wednesday of every month. Wear something to identify yourself as a runner. Old newspaper clippings and scrap books are always a treat. You were once somebody.**

**AURA's June Horoscope** – Your new passion for fragrances and scents, could strain the dynamics of your training group. Abnormal cravings will most likely be abated sometime in 2007. Victory is within your reach. A financial blessing might be withheld if it is determined that you are not yet ready.

## ULTRA TRAIL SERIES

|                                  |                                   |            |                             |
|----------------------------------|-----------------------------------|------------|-----------------------------|
| 7-22-06                          | 1. Midnight 50 Km                 | 2-3-07     | 8. White Rock Classic 50 Km |
| 8-26-06                          | 2. Mt Nebo Trail Run              | 2-17-07    | 9. Sylamore Trail 50Km      |
| 10-7-06                          | 3. Arkansas Traveller 100         | 2-24-07    | 10. Big Rock Mystery Run    |
| 10-28-06                         | 4. Devil's Den Trail Run          | 3-16/18-07 | 11. 3DaysofSyllamo          |
| 11-11-06                         | 5. Gulpha Gorge Challenge         | 4-21-07    | 12. Ouachita Trail 50/50    |
| 12-9-06                          | 6. Buffalo River Trail Run        | 5-19-07    | 13. The Catsmacker          |
| 1-6-07                           | 7. Athens-Big Fork Trail Marathon | 6-2-07     | 14. National Trails Day Run |
| The Big Tom Challenge – 20 Miler |                                   |            |                             |



### 2006-2007 UTS Finally

#### *Big Tom Challenge* – 20 Miles

June 2<sup>nd</sup> – Camp Albert Pike Recreation Area

Ouachita National Forest

### National Trails Day Order of Events

06:30 Open Registration/Waiver to sign. No entry fee.

07:30 Opening Ceremony

08:00 All events start.

**Big Tom Challenge** run course – Start on Rd 43 and then to Rd 106 for 2.5 miles to the *Winding Stairs Trailhead*. Follow single track *Little Missouri Trail* along Little Missouri River to *Viles Branch Trail* to *Athens-Big Fork Trail* over Big Tom Mountain to Road B23F and return the same route

Directions to National Trails Day From Little Rock – I-30 thru Benton. Outside of Benton take the Hot Springs exit, Hwy 70. Just before entering Hot Springs, take the Hot Springs bypass and follow to the Hwy 70 south exit. Follow Hwy 70 thru Glenwood. Continue past Glenwood for seven miles to the community of Salem and Hwy 84. Turn right on to Hwy 84 and go 13 miles to Langley. At Langley turn right onto Hwy 369 and it is six miles to the Albert Pike Recreation Area and campground.

# 2006-2007 ULTRA TRAIL SERIES

## Standings Thru 12 races

Below are the current UTS standings with one race remaining, **The Big Tom Challenge**. The full rankings would be about seven pages so included are only those who have completed three or more UTS events. Rules state that four races must be completed to be eligible for King/Queen awards. The comprehensive list is on the website

<[www.runarkansas.com](http://www.runarkansas.com)>

### 2006-2007 Ultra Trail Series Standings - Men

|     | Name              | Age | Mdnt | Nebo | AT  | Den | Gorg | Buff | ABF | Syla | WRC | Day1 | Day2 | Day3 | OTM | OTK  | Cat | Total |
|-----|-------------------|-----|------|------|-----|-----|------|------|-----|------|-----|------|------|------|-----|------|-----|-------|
| 1   | Darby Benson      | 36  |      | 74   |     | 72  | 69   | 74   | 75  | 138  | 41  |      |      |      |     |      | 71  | 614   |
| 2   | Paul Schoenlaub   | 47  | 63   |      |     | 19  |      |      | 35  | 121  | 52  | 46   | 39   | 48   | 105 |      |     | 528   |
| 3   | Stan Ferguson     | 42  | 80   | 46   |     | 22  | 47   |      | 64  |      | 63  |      |      |      | 94  |      | 2   | 418   |
| 4   | Steve Kirk        | 46  |      |      | 89  |     | 35   | 12   |     | 85   |     |      |      |      |     | 83   | 60  | 364   |
| 5   | Kevin Dorsey      | 35  | 69   |      | 41  |     |      |      | 53  | 103  |     |      | 29   |      | 65  |      |     | 360   |
| 6   | Rick Howton       | 32  | 57   |      | 51  |     |      |      |     | 89   |     | 36   | 35   |      | 71  |      |     | 339   |
| 7   | Tom Brennan       | 35  |      |      | 111 | 32  |      | 63   |     |      |     |      |      |      |     | 105  |     | 311   |
| 8   | Scott Eason       | 41  |      |      |     |     |      |      |     | 109  |     | 39   |      | 42   | 83  |      |     | 273   |
| 9   | David Wakefield   | 31  | 91   |      |     |     |      |      |     |      |     | 52   | 51   | 54   |     |      |     | 248   |
| 10  | Po Dog Vogler     | 40  | 41   | 40   |     |     |      | 40   |     | 115  |     |      |      |      |     |      |     | 236   |
| 11  | Greg Eason        | 36  |      |      | 100 |     |      |      |     |      |     | 42   |      | 32   |     |      | 49  | 223   |
| 13  | Kyle Baldwin      | 34  | 45   |      | 52  |     |      | 18   |     | 90   |     |      |      |      |     |      |     | 205   |
| 12  | John Muir         | 28  |      |      | 65  |     |      | 13   |     | 127  |     |      |      |      |     |      |     | 205   |
| 14  | Stuart Johnson    | 47  | 19   |      |     |     |      |      | 13  | 76   | 29  | 18   | 15   | 26   |     |      |     | 196   |
| 15  | George Peterka    | 46  | 38   | 11   | 39  |     | 19   |      |     |      |     |      | 17   |      | 38  |      | 31  | 193   |
| 16  | Gary Gehrki       | 52  | 29   |      | 47  |     | 8.5  |      | 14  |      |     |      |      |      | 59  |      | 25  | 182.5 |
| 17  | Mike Samuelson    | 41  |      |      | 34  |     |      |      | 12  | 69   |     |      | 26   |      |     | 41   |     | 182   |
| 18  | Guy Patteson III  | 46  |      |      |     |     | 29   |      | 8   | 37   |     | 15   |      | 24   | 40  |      | 21  | 174   |
| 19  | Steve Hobbs       | 50  | 23   |      |     |     |      | 7    |     | 54   |     | 16   |      | 15   |     | 40   |     | 155   |
| 20  | Scott Rogers      | 42  |      |      |     |     |      | 10   | 16  | 71   | 23  |      | 16   | 13   |     |      |     | 149   |
| 22  | Jeff Christian    | 33  |      |      |     |     |      |      |     |      |     | 58   | 45   | 38   |     |      |     | 141   |
| 24  | Robert Williamson | 40  |      |      |     |     |      |      |     | 79   |     | 22   |      |      | 37  |      |     | 138   |
| 25  | Bill Maze         | 38  |      | 14   |     | 26  | 41   | 52   |     |      |     |      |      |      |     |      |     | 133   |
| 27  | Ted Bowden        | 52  |      |      |     |     |      | 4    |     | 50   |     | 14   |      |      |     | 45   | 18  | 131   |
| 28  | Carey Smith       | 32  |      |      |     |     |      |      |     | 73   |     | 28   | 19   | 9    |     |      |     | 129   |
| 31  | Jim Sweatt        | 50  | 4    |      |     |     | 6    | 6    |     | 55   | 17  | 9    | 6    | 12   |     |      | 9   | 124   |
| 33  | Jerry Frost       | 51  |      |      |     |     |      |      |     | 65   |     | 19   | 14   | 22   |     |      |     | 120   |
| 34  | Josh Bornharst    | 31  |      | 9    |     |     | 16   |      |     | 35   |     |      |      |      |     | 44   | 15  | 119   |
| 36  | John Kelly        | 40  | 22   |      |     |     | 23   |      |     | 17   |     |      |      |      |     | 49   |     | 111   |
| 39  | Pete Ireland      | 66  | 11   |      | 17  |     |      | 2    | 10  | 31   | 4   |      |      |      |     | 34   |     | 109   |
| 38  | Darin Hoover      | 42  |      |      |     |     |      | 15   | 29  |      |     |      |      |      |     | 65   |     | 109   |
| 43  | Michael Ferryall  | 26  |      |      |     |     |      | 28   |     |      |     |      | 32   |      | 44  |      |     | 104   |
| 49  | David Pearson     | 39  |      |      |     |     |      |      |     |      |     | 21   | 12   | 18   |     | 39   |     | 90    |
| 50  | Jeffery Garstecki | 38  |      |      |     |     |      |      |     |      |     | 30   | 23   | 35   |     |      |     | 88    |
| 51  | Dale Humphrey     | 47  |      |      |     |     |      |      |     |      |     | 13   | 10   | 19   | 43  |      |     | 85    |
| 60  | Ricky Pampo       | 31  |      |      | 15  |     |      |      |     |      |     |      | 21   |      | 39  |      |     | 75    |
| 68  | George McDonald   | 53  | 10   |      |     | 11  | 7    |      |     | 40   |     |      |      |      |     |      |     | 68    |
| 72  | Kyle Kruger       | 24  | 13   | 13   | 40  |     |      |      |     |      |     |      |      |      |     |      |     | 66    |
| 74  | Maurice Robinson  | 64  | 21   |      |     |     |      |      | 9   |      |     | 20   | 7    | 6    |     |      |     | 63    |
| 75  | Bob Marston       | 56  |      |      |     |     |      |      |     | 23   |     |      |      |      |     | 33   | 6   | 62    |
| 90  | Jon House         | 38  |      |      | 9   |     |      |      |     | 21   |     |      |      |      |     | 24   |     | 54    |
| 92  | David Caillouet   | 48  |      | 4    |     | 3   | 4    |      |     | 19   | 3   |      |      |      |     | 19.5 |     | 52.5  |
| 111 | Kenny Simpson     | 52  | 6.5  |      |     |     |      |      |     | 6    |     |      |      |      | 33  |      |     | 45.5  |
| 113 | Patrick Perry     | 42  |      |      |     |     |      |      |     |      |     | 17   | 8    | 20   |     |      |     | 45    |
| 118 | Earl White        | 45  |      |      |     |     |      |      |     | 29   |     | 8    | 3    | 3    |     |      |     | 43    |
| 117 | Brad Knight       | 36  | 8    |      |     |     |      |      |     |      |     |      |      |      |     | 27   | 8   | 43    |
| 136 | Ken Childress     | 46  | 6.5  |      | 18  |     |      |      | 4   |      |     |      |      |      |     | 9.5  |     | 38    |
| 178 | Lynn Ballard      | 50  |      |      |     |     |      |      |     |      |     | 12   | 5    | 8    |     |      |     | 25    |
| 218 | Marshall King     | 37  |      |      |     |     |      |      |     |      |     | 7    | 4    | 4    |     |      |     | 15    |
| 220 | Bill Heldenbrand  | 60  |      |      |     |     |      |      |     |      |     | 10   | 2    | 2    |     |      |     | 14    |
| 252 | Alston Jennings   | 58  | 3    |      |     |     |      |      |     |      |     |      |      |      |     | 3    | 3   | 9     |
| 261 | Greg Bourns       | 66  | 2    |      |     |     |      |      | 3   |      | 2   |      |      |      |     |      |     | 7     |

## 2006-2007 Ultra Trail Series Standings - Women

|     | Name              | Age | Mdnt | Nebo | AT | Den | Gorg | Buff | ABF | Syla | WRC | Day1 | Day2 | Day3 | OTM | OTK  | Cat  | Total |
|-----|-------------------|-----|------|------|----|-----|------|------|-----|------|-----|------|------|------|-----|------|------|-------|
| 1   | Susy Phillips     | 27  | 50   | 20   | 11 | 44  | 50   | 47   | 55  | 69   | 59  | 15   | 12   | 14   | 77  |      | 73   | 596   |
| 2   | Eunika Rogers     | 35  | 22   | 10   |    | 21  | 61   | 30   |     | 49   | 31  | 8    |      |      |     | 49   | 56.5 | 337.5 |
| 3   | Salli Scott Young | 33  | 10   | 5    |    |     | 39   |      |     | 44   | 25  | 6    | 9    | 13   |     | 43   | 56.5 | 250.5 |
| 4   | Tamara Zagustin   | 39  | 61   |      |    |     |      | 58   |     | 115  |     |      |      |      |     |      |      | 234   |
| 5   | Kimmy Riley       | 45  |      |      |    |     |      |      |     | 50   | 48  | 18   | 15   | 18   | 55  |      |      | 204   |
| 6   | Natalie McBee     | 32  | 72   | 70   | 59 |     |      |      |     |      |     |      |      |      |     |      |      | 201   |
| 7   | Dianne Seager     | 49  | 26   |      | 24 |     |      |      |     | 32   |     | 12   |      |      | 49  |      | 45   | 188   |
| 8   | Ilena Peterka     | 42  |      |      |    |     |      |      | 33  | 65   |     | 24   |      | 38   |     |      |      | 160   |
| 9   | Patty Groth       | 50  | 6    |      | 30 |     | 13   |      |     | 25   | 9   |      | 7    |      | 43  |      | 25   | 158   |
| 10  | Amanda Perron     | 33  |      |      |    |     |      |      |     | 54   |     |      | 25   |      | 66  |      |      | 145   |
| 11  | Ashley Nordell    | 27  |      |      |    |     |      |      |     |      |     | 40   | 37   | 54   |     |      |      | 131   |
| 12  | Carla Branch      | 54  | 19   |      |    |     |      |      |     | 33   |     |      |      |      |     | 55   | 7.5  | 114.5 |
| 14  | Sue Johnston      | 41  |      |      |    |     |      |      |     |      |     | 34   | 31   | 42   |     |      |      | 107   |
| 16  | Jamie Huneycutt   | 48  |      |      | 7  |     |      |      | 21  | 35   | 37  |      |      |      |     |      |      | 100   |
| 19  | Carrie DuPriest   | 49  | 5    |      | 10 |     | 13   |      |     | 27   | 13  |      | 3    |      |     |      | 25   | 96    |
| 18  | Andrea Creasy     | 25  | 38   | 14   |    |     |      |      | 44  |      |     |      |      |      |     |      |      | 96    |
| 21  | Jenny Foster      | 34  |      |      | 36 |     |      |      |     |      |     | 21   | 18   | 17   |     |      |      | 92    |
| 22  | Shirley Hyman     | 38  | 11   | 30   | 17 | 33  |      |      |     |      |     |      |      |      |     |      |      | 91    |
| 27  | Diana Widdowson   | 40  |      |      |    |     |      |      |     |      |     | 28   | 21   | 26   |     |      |      | 75    |
| 31  | Adrienne Shelton  | 41  | 13   |      | 14 |     |      |      |     | 42   |     |      |      |      |     |      |      | 69    |
| 43  | Lou Peyton        | 62  | 3    | 8    |    |     | 5    | 8    |     | 2    |     | 5    |      | 8    |     | 8    | 5    | 52    |
| 42  | Kim Johnson       | 37  | 7    |      | 2  |     |      |      |     | 38   |     |      | 5    |      |     |      |      | 52    |
| 46  | Debbie Lashley    | 46  | 12   | 11   |    | 27  |      |      |     |      |     |      |      |      |     |      |      | 50    |
| 47  | Rhonda Ferguson   | 51  | 8    |      |    |     |      |      |     | 39   |     |      | 2    |      |     |      |      | 49    |
| 54  | Donna Duerr       | 51  |      |      |    |     |      |      |     | 17   |     | 2    |      |      |     | 13.5 | 13.5 | 46    |
| 59  | Dottie Rea        | 54  |      | 6    |    |     | 2    |      |     | 15   |     |      |      |      |     | 10   | 6    | 39    |
| 62  | Elaine Gimblet    | 59  |      |      |    |     |      |      |     |      |     | 4    |      | 6    |     | 13.5 | 13.5 | 37    |
| 76  | Mona Mizell       | 55  | 9    |      |    |     | 8    | 12   |     |      |     |      |      |      | 7   | 3    | 4    | 29    |
| 99  | Rosemary Marston  | 59  |      |      |    |     |      |      |     |      |     |      |      |      | 5   | 2    | 2    | 14    |
| 116 | Corky Zaloudck    | 61  |      |      |    |     |      |      |     |      |     |      |      |      |     |      |      | 9     |



AURA's Charlie Dunn at the Catsmacker Aid Station with running companions Pam Myers and Jill Taylor

# The Catsmacker

May 19, 2007

Lake Sylvia, Arkansas

## The Catsmacker - 20 miles (+/-) (2006-2007 UTS Race #12)

| Place | Name              | Sex | Age | City           | Time    |               |
|-------|-------------------|-----|-----|----------------|---------|---------------|
| 1     | Darby Benson      | M   | 37  | Fayetteville   | 2:41    |               |
| 2     | Steve Kirk        | M   | 46  | Little Rock    | 2:59    |               |
| 3     | Greg Eason        | M   | 36  | Little Rock    | 3:06    |               |
| 4     | Paul Turner       | M   | 44  | Conway         | 3:12    |               |
| 5     | John Dolan        | M   | 45  | Fayetteville   | 3:27:35 |               |
| 6     | George Peterka    | M   | 47  | Hot Springs    | 3:36    |               |
| 7     | Gary Gehrki       | M   | 52  | Arkadelphia    | 3:37    |               |
| 8     | Guy Patteson      | M   | 47  | Jonesboro      | 3:37:42 |               |
|       | Susy Phillips     | F   | 28  | Maumelle       | 3:37:42 |               |
| 10    | Ted Bowden        | M   | 52  | Little Rock    | 3:39:42 |               |
| 11    | Joshua Bornhorst  | M   | 32  | Little Rock    | 3:42    |               |
| 12    | Thomas Chapin     | M   | 29  | Not listed     | 3:48    |               |
| 13    | Ted Bearden       | M   | 38  | Little Rock    | 3:49:37 |               |
| 14    | Michael Knox      | M   | 36  | N. Little Rock | 3:53:07 |               |
| 15    | Jim Sweatt        | M   | 51  | N. Little Rock | 3:57:31 |               |
| 16    | Brad Knight       | M   | 36  | Maumelle       | 4:02    |               |
| 17    | Salli Scott Young | F   | 34  | Memphis, TN    | 4:17    |               |
|       | Eunika Rogers     | F   | 36  | Memphis, TN    | 4:17    |               |
| 19    | Dianne F. Seager  | F   | 50  | Little Rock    | 4:25    |               |
| 20    | Pam Myers         | F   | 38  | Little Rock    | 4:37    |               |
|       | Jill Taylor       | F   | 35  | Little Rock    | 4:37    |               |
| 22    | Charlie Dunn      | M   | 65  | Conway         | 4:38    |               |
| 23    | Carrie DuPriest   | F   | 49  | Little Rock    | 4:41    |               |
|       | Patty Groth       | F   | 51  | Ward           | 4:41    |               |
|       | Bob Marston       | M   | 56  | Roland         | 4:41    |               |
| 26    | Laura Jennings    | F   | 27  | Little Rock    | 5:01    |               |
| 27    | Dan Belanger      | M   | 63  | Little Rock    | 5:17    |               |
| 28    | Elizabeth Sanders | F   | 46  | Memphis, TN    | 5:21:08 |               |
|       | Cliff Sanders     | M   | 56  | Memphis, TN    | 5:21:08 |               |
| 30    | Donna Duerr       | F   | 51  | Little Rock    | 5:27    |               |
|       | Elaine Gimblet    | F   | 59  | N. Little Rock | 5:27    |               |
| 32    | Debbie Rigsby     | F   | 50  | Lonsdale       | 5:44    |               |
|       | Shari Dillard     | F   | 36  | Hot Springs    | 5:44    |               |
|       | Kimberly Spencer  | F   | 30  | Cabot          | 5:44    |               |
|       | Jennifer Rigsby   | F   | 26  | Conway         | 5:44    |               |
| 36    | Carla Branch      | F   | 55  | Maumelle       | 4:25    | Early Starter |
| 37    | Brenda Bonner     | F   | 45  | Little Rock    | 4:25    | Early Starter |
| 38    | Dottie Rea        | F   | 54  | Vilonia        | 5:07    | Early Starter |
| 39    | Lou Peyton        | F   | 62  | Little Rock    | 5:25    | Early Starter |
| 40    | Alston Jennings   | M   | 59  | Little Rock    | 6:03    | Early Starter |
| 41    | Rosemary Marston  | F   | 59  | Roland         | 6:06    | Early Starter |
| 42    | Ann Moore         | F   | 66  | Little Rock    | 6:10    | Early Starter |
| 43    | Corky Zalodek     | F   | 61  | Little Rock    | 6:12    | Early Starter |
| 44    | Stan Ferguson     | M   | 43  | Conway         | Sweep   |               |

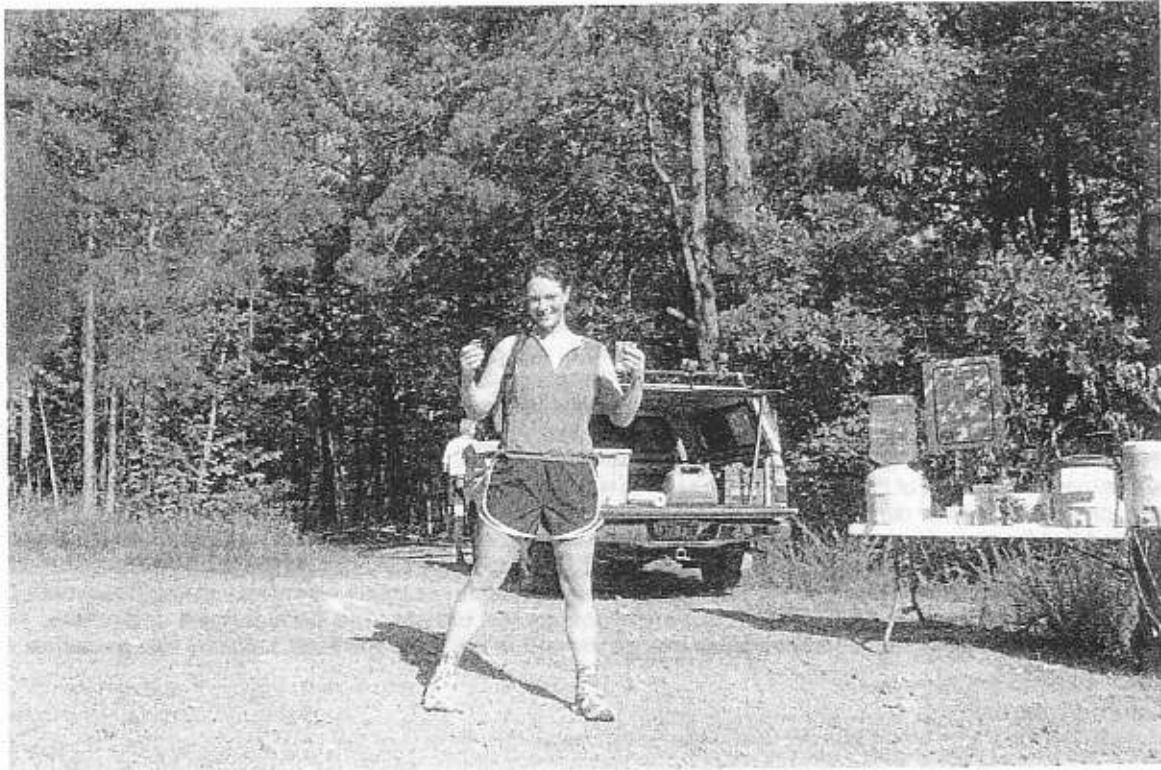


### Other Distances

|                    |   |    |             |         | Est. Miles |
|--------------------|---|----|-------------|---------|------------|
| Jayne Sturgeon     | F | 30 | Little Rock | 1:16    | 7          |
| Patre Williams     | F | 34 | Little Rock | 1:16    | 7          |
| Elizabeth Reynolds | F | 26 | Little Rock | 1:45:23 | 11         |

## 2007 Catsmacker Results

|                   |   |    |                 |         |     |
|-------------------|---|----|-----------------|---------|-----|
| Brian Sieczkowski | M | 28 | Little Rock     | 1:15:51 | 11  |
| Sarah Olney       | F | 29 | Little Rock     | 1:55:17 | 11  |
| Mary Wells        | F | 34 | Little Rock     | 1:55:17 | 11  |
| R.C. Fason        | M | 62 | Little Rock     | 2:03    | 11  |
| Paul Mattocks     | M | 59 | El Dorado       | 2:03    | 11  |
| Chris Bettis      | F | 51 | Little Rock     | 2:16    | 11  |
| Kelly Farrell     | F | 30 | Little Rock     | 2:16    | 11  |
| Melissa Kohler    | F | 42 | Little Rock     | 2:23    | 11  |
| Beth Liner        | F | 47 | Fayetteville    | 2:23    | 11  |
| Dana Yates        | F | 36 | Little Rock     | 2:23    | 11  |
| Rich Dennis       | M | 37 | Cammack Village | 3:00    | 11+ |
| Sandra Bearden    | F | 42 | Little Rock     | 3:03    | 11+ |
| Regina Dennis     | F | 37 | Cammack Village | 3:03    | 11+ |
| Ron Gimblet       | M | 59 | N. Little Rock  | 3:20    | 14  |



Ultra Trail Series Rookie, Laura Jennings, pauses for refreshment  
at the *Catsmacker Aid Station*