

AURA NEWS

Arkansas Ultra Running Association

Scenes from the Scorchin' Squirrel

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Scenes from the Mount Nebo Trail Race

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From the Editor

Well you have made it through the sweltering heat and humidity of summer training in Arkansas. Hopefully the cooler temperatures hold and dare I say, drop even further before the Traveller 100.

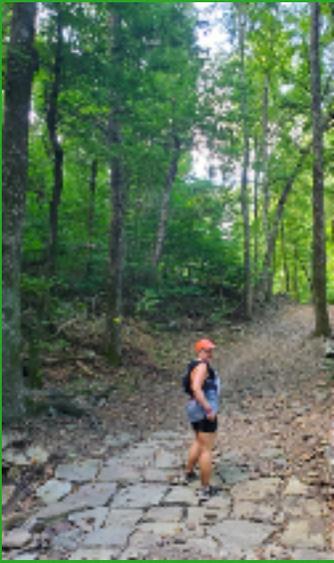
The 30th annual Arkansas Traveller is just around the corner and many people have been working tirelessly on the final details to ensure a smooth weekend of racing in the Ouachitas in the midst of another pandemic year. We all feel very fortunate that racing has been able to continue this year. We have you, the runners, our amazing volunteers and our RD's to thank for that. We have had to set special rule in place for our events this year and you have all followed them well. For that we are grateful! Will we ever return to the Vaseline coated potato chip days? Who knows. I think the important thing is that we are all able to gather, to race, to train and to feel a sense of community again.

What a community we have too! I sent out the call for more volunteers and I was blown away by the response. Even people who have never volunteered at a trail race stepped up to do their part as well as many, many, many returning volunteers. BIG THANKS TO ALL OF OUR VOLUNTEERS!! You are the reason racing is even possible!

-Peace, Love, and Trails-
Stacey







TRAIL MAINTENANCE GROUP

ROBERT PODOG VOGLER, THE AURA TRAIL MANAGER, WILL CONDUCT A TRAIL MAINTENANCE TRAINING SESSION ON SATURDAY OCTOBER 23.

The exact location and starting time has yet to be determined but it will probably be on the Ouachita Trail - maybe from North Shore or Lake Sylvania. PoDog needs to scout a section to see what will work best.

Anyone interested should watch the Forest Service's Basic Trail Maintenance video prior to the training. It can be accessed by going to the [FoOT website](#). It is under the FoOT Organization tab and the Trail Maintenance Guidelines and Training. It's about 30 minutes and very informative.

People will need to bring water, snacks, gloves, and sturdy shoes like hiking boots. Additional things you may bring would include: safety glasses, mask, tools for working on the trail tread (shovel, pick, McCloud, Mattock, Pulaski, fire rake, root rake, or anything else you might have that you think might work)

I will announce a specific time and place in a few weeks.

Any questions? Text PoDog at 479-857-3298 or [email](#). [Click Here to Register](#)

Currently there are only 2 people signed up for this.

Come learn proper trail maintenance techniques as Podog shares the knowledge he has recently gained through training with FoOT and become a part of this awesome group.

BONUS - YOU EARN UTS MILEAGE POINTS



Upcoming AURA Events



Arkansas Traveller 100 October 2-3

Opportunities to be a Trail Angel
Through Volunteering
*Start/Finish
*Copperhead Aid Station
*Pig Trail Aid Station

[Click Here to Volunteer](#)

Hot Springs National Park Trail Run

18 Miles October 16, 2021 8am

[Click Here For Race Information](#)

George Peterka - Race Director



Sunset Lake 6/12/24 Hour
Endurance Challenge
Hosted by the Saline County Striders
November 26-27

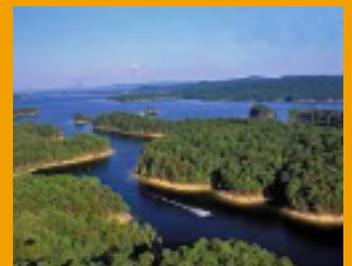
[Click Here to Register](#)



Saturday, December 4th
8am Shangri La Drive
Mt Ida

Phil Carr - Race Director

[Click Here For
Information](#)



Current UTS Standings

It Isn't Too Late to Jump In - We Still Have A Long Way To Go

Women's Open

Rank	Name	50K FM	20M SS	NEB	AT	HSNP	26M+ SUN	26M LOV	26M ABF	50K OTSW	50K WR	100K LOV	30K S&S	50M SYL	26M RCM	50K OT	50M OT	18M MAG	Total	
1	Laura Kearns	51	56	58																165
2	Ashley Gramza	40	45	47																132
3	Zoe Buonaiuto	16	22	30																68
4	Bee Miller	62																		62
5	Michelle Posey	28	34																	62
6	Lisa Webb		16	36																52
7	Missy Harken	12	28																	40
8	Cassie Brown	34																		34
9	Chrissy Ferguson	9		24																33
10	Julie Ingle	6		18																24
11	Kristi Martin	22																		22
12	Thaveep Leach			12																12
13	Mary McDonald	3		8																11
14	Lisa Gunnoe	2																		2

Women's Master Division

Rank	Name	50K FM	20M SS	NEB	AT	HSNP	26M+ SUN	26M LOV	26M ABF	50K OTSW	50K WR	100K LOV	30K S&S	50M SYL	26M RCM	50K OT	50M OT	18M MAG	Total	
1	Michelle Posey	56	53																	109
2	Missy Harken	45	42																	87
3	Lisa Webb		31	55																86
4	Chrissy Ferguson	34		44																78
5	Julie Ingle	28		33																61
6	Mary McDonald	22		21																43
7	Thaveep Leach			27																27
8	Lisa Gunnoe	16																		16

Women's Grand Master Division

Rank	Name	50K FM	20M SS	NEB	AT	HSNP	26M+ SUN	26M LOV	26M ABF	50K OTSW	50K WR	100K LOV	30K S&S	50M SYL	26M RCM	50K OT	50M OT	18M MAG	Total	
1	Michelle Posey	54	52																	106
2	Lisa Webb		41	54																95
3	Chrissy Ferguson	43		43																86
4	Mary McDonald	32		26																58
5	Thaveep Leach			32																32
6	Lisa Gunnoe	26																		26

Women's Senior Division

Rank	Name	50K FM	20M SS	NEB	AT	HSNP	26M+ SUN	26M LOV	26M ABF	50K OTSW	50K WR	100K LOV	30K S&S	50M SYL	26M RCM	50K OT	50M OT	18M MAG	Total	
1	Chrissy Ferguson	52		53																105
2	Mary McDonald	41		31																72
3	Thaveep Leach			42																42

Men's Open

Rank	Name	50K FM	20M SS	NEB	AT	HSNP	26M+ SUN	26M LOV	26M ABF	50K OTSW	50K WR	100K LOV	30K S&S	50M SYL	26M RCM	50K OT	50M OT	18M MAG	Total
1	Shane Poland	61	62	72															195
2	Gabriel Harris	72	34	38															144
3	Blake Miley	50	12	61															123
4	Zac Morgan		51	50															101
5	John Haddock	44		32															76
6	F. Perez Colon	32	22	19															73
7	Daniel Arnold	26	9	26															61
8	Bryan McCullar	12	40	9															61
9	Will Landreth	22	28																50
10	Paul Turner			44															44
11	Brandon Allen	38																	38
12	Matthew Jackson	9	16	12															37
13	Brett Nguyen	8	3	13															24
14	Shawn Sellers			22															22
15	Aaron Dickens	19																	19
16	Timothy Via			16															16
17	Chris Wear	16																	16
18	Robert Harrell	7	6																13
19	Matt Lewis	13																	13
20	Kenny Garner	11																	11
21	James Holland			11															11
22	Jim Tadel	5		6															11
23	Stewart Gray			10															10
24	A. Raghavendra	10																	10
25	Lionel Burnett	4		4															8
26	Kyle Green			8															8
27	Alan Hunnicutt	3		5															8
28	Scott Irwin			7															7
29	Johnny Eagles	2	2	2															6
30	Brian Kearns	6																	6
31	Stephen Rush			3															3

Men's Master Division

Rank	Name	50K FM	20M SS	NEB	AT	HSNP	26M+ SUN	26M LOV	26M ABF	50K OTSW	50K WR	100K LOV	30K S&S	50M SYL	26M RCM	50K OT	50M OT	18M MAG	Total	
1	F. Perez Colon	53	45	42																140
2	John Haddock	64		53																117
3	Bryan McCullar	30	56	14																100
4	Matthew Jackson	18	34	24																76
5	Brett Nguyen	14	22	30																66
6	Paul Turner			64																64
7	Aaron Dickens	42																		42
8	Robert Harrell	11	28																	39
9	Timothy Via			36																36
10	Chris Wear	36																		36
11	Kenny Garner	24																		24
12	Johnny Eagles	2	16	2																20
13	James Holland			18																18
14	Jim Tadel	5		8																13
15	Scott Irwin			11																11
16	Lionel Burnett	4		4																8
17	Alan Hunnicutt	3		5																8
18	Brian Kearns	8																		8
19	Stephen Rush			3																3

Men's Grand Master Division

Rank	Name	50K FM	20M SS	NEB	AT	HSNP	26M+ SUN	26M LOV	26M ABF	50K OTSW	50K WR	100K LOV	30K S&S	50M SYL	26M RCM	50K OT	50M OT	18M MAG	Total	
1	Brett Nguyen	46	42	36																124
2	John Haddock	57		47																104
3	Robert Harrell	35	53																	88
4	Paul Turner			58																58
5	Jim Tadel	29		24																53
6	Johnny Eagles	11	31	8																50
7	Lionel Burnett	23		12																35
8	Alan Hunnicutt	17		18																35
9	Scott Irwin			30																30

Men's Senior Division

Rank	Name	50K FM	20M SS	NEB	AT	HSNP	26M+ SUN	26M LOV	26M ABF	50K OTSW	50K WR	100K LOV	30K S&S	50M SYL	26M RCM	50K OT	50M OT	18M MAG	Total	
1	Jim Tadel	54		54																108
2	Johnny Eagles	26	51	26																103
3	Lionel Burnett	43		32																75
4	Alan Hunnicutt	32		43																75

Current UTS Lite Standings

It's Not Too Late to Join the Fun

Women's Open Division

Rank	Name	15M SS	NEB	HSNP	SUN	14M LOV	17M ABF	25K OTSW	25K WR	15K S&S	20K SYL	13M RCM	50K OT	12M MAG	Total
1	Lori Talley	52													52
2	Dottie Rea	41													41

Men's Open Division

Rank	Name	15M SS	NEB	HSNP	SUN	14M LOV	17M ABF	25K OTSW	25K WR	15K S&S	20K SYL	13M RCM	50K OT	12M MAG	Total
1	Ian Thomas	42	22												64
2	Dale Powell	31	28												59
3	Corey Duncan		56												56
4	Brian Sites	53													53
5	James Moy		45												45
6	Shawn Bayouth		34												34
7	Chris Davis		16												16

Women's Master Division

Rank	Name	15M SS	NEB	HSNP	SUN	14M LOV	17M ABF	25K OTSW	25K WR	15K S&S	20K SYL	13M RCM	50K OT	12M MAG	Total
1	Lori Talley	52													52
2	Dottie Rea	41													41

Men's Master Division

Rank	Name	15M SS	NEB	HSNP	SUN	14M LOV	17M ABF	25K OTSW	25K WR	15K S&S	20K SYL	13M RCM	50K OT	12M MAG	Total
1	Dale Powell	41	32												73
2	James Moy		54												54
3	Brian Sites	52													52
4	Shawn Bayouth		43												43
5	Chris Davis		26												26

Women's Grand Master Division

Rank	Name	15M SS	NEB	HSNP	SUN	14M LOV	17M ABF	25K OTSW	25K WR	15K S&S	20K SYL	13M RCM	50K OT	12M MAG	Total
1	Lori Talley	52													52
2	Dottie Rea	41													41

Men's Grand Master Division

Rank	Name	15M SS	NEB	HSNP	SUN	14M LOV	17M ABF	25K OTSW	25K WR	15K S&S	20K SYL	13M RCM	50K OT	12M MAG	Total
1	Dale Powell	41	31												72
2	James Moy		53												53
3	Brian Sites	52													52
4	Shawn Bayouth		42												42

Women's Senior Division

Rank	Name	15M SS	NEB	HSNP	SUN	14M LOV	17M ABF	25K OTSW	25K WR	15K S&S	20K SYL	13M RCM	50K OT	12M MAG	Total
1	Dottie Rea	51													51

Men's Senior Division

Rank	Name	15M SS	NEB	HSNP	SUN	14M LOV	17M ABF	25K OTSW	25K WR	15K S&S	20K SYL	13M RCM	50K OT	12M MAG	Total
1	Dale Powell	51	51												102

I know it is incredibly early to be thinking about next year's AURA Ultra Trail Series but Full Moon is an AURA owned event and will definitely be a part of the series. Since this event fills up each year it would be wise to go ahead and get registered! The 50 miler and the 50k will both count towards UTS points. Obviously you will earn more points for the miler. UTS Lite participants can earn points for the 25k. What are you waiting for? Haven't you seen the shirt design!?! That alone is worth the pain and suffering!



[Click Here to Register](#)

Welcome to our New Members

We still have new memberships rolling in and we would like to welcome our newest members. Welcome to the AURA Family! We look forward to seeing you at future events!

Special thanks to those who made a donation to the club when you signed up. We are a nonprofit and every little bit helps in our efforts to keep our running community connected, our trails cared for and a legacy of our races moving forward.

Feel free to share the love. If you have friends who are new to trail running please invite them to join the Arkansas Ultra Running Association to help them stay connected.

[Click Here To Register or Renew Your Membership](#)

[Click Here To See If You Need To Renew](#)

[Click Here To See Events In The Ultra Trail Series](#)

