

AURA NEWS

Arkansas Ultra Running Association

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From the President & Editor



Hello fellow AURA Members. First let me say welcome to our new club members. We have had a lot of new runners joining our club and participating in our events. We are glad you chose to be a part of our club and look forward to getting to know you better.

Also big thanks to those who made a donation to the club when you renewed your membership. Every little bit helps and your contribution is greatly appreciated!

Speaking of membership renewal, most memberships will expire June 30th. We really hope to have that renewal process moved to the Run SignUp platform by then. In the meantime you can still renew on the old platform at Run Race. (Link on pg 9)

We had two wonderful club events this month and we were gifted with good weather for both. The first was Mt Magazine, directed by Paul Turner. As always he did a fantastic job of making sure the trails were in good shape and that race day was flawless. Thanks PT for the many, many hours of sweat equity you put in!! As always, that State Park was the beneficiary of the profits from this great event. We are grateful to them for allowing us to host this event each year and for their assistance in keeping our runners safe.

The second was the Catsmacker, directed by Katie Helms. She smacked it out of the park with a great event and super fun end of season cookout!! In case you missed it, Lake Sylvia has water in it now! That was a nice bonus. The donations from this event helped cover the cost of this end of season party and awards. Thank you Katie and thank you to all who donated!

I look forward to the next time we gather as a community! Until then, Happy Trails.

~ Stacey Shaver-Matson~

**Upcoming AURA Events
And
Volunteer Opportunities**



June 10th at 6am

321 Big Springs Park, Cotter, AR
1st race in our club's Ultra Trail Series

UTS points will be based on your number of completed miles

[Click To Register](#)

The courses is 4.166 miles per lap
Time limit is 1 hour per lap
No early starts - No late starts
If you fail to finish 4.166 miles in an hour, you're out

The winner is the last runner standing

August 19th
1720 Ferncliff Rd
Little Rock, AR

2nd UTS Lite event
3rd UTS event

[Click To Register](#)



July 22nd

Camp Ouachita, Perryville, AR

50k at 7pm

25k at 8pm

Breakfast by WJFD at the finish!!

1st race in the UTS LITE
2nd race in the UTS

[Click To Register](#)

Global Running Day Event

June 7th at 6:30 PM

5k - ish at Western Hills Park



Pizza

Beer

Gift for 1st 150 registered
100% profit goes to LR Parks and Rec

Volunteers Needed

Email noelle.coughlan@fleetfeet.com if you are interested. All volunteers get a raffle ticket to be part of our local raffle.

[Click to Learn More & Register](#)



UTS & UTS LITE Kings, Queens, and High Mileage Winners

(Pictured are Caleb Horne, Shannon Wiley, Steve George, Julie Ingle, Don Thompson, Rusty Bryan, Laura Hoffman, Jim Tadel, Dottie Rea, Allan Hunnicutt, Krista Buck, John Fowlkes, and Stacey Shaver)

UTS Award Recipients

King Over All - Daniel Evans

King Master - John Haddock

King Grand Master - Alan Hunnicutt

King Senior - Jim Tadel

King Super Senior - Johnny Eagles

Queen Overall - Laura Hoffman

Queen Master - Tina Mitchell

Queen Grand Master- Krista Buck

Queen Senior - Vickie McDonald

UTS LITE Award Recipients

Over All King - Henry Turner

King Master - Rusty Bryan

King Grand Master - Dale Powell

King Senior - John Fowlkes.

Queen Overall - Kelsey Walker

Queen Master - Julie Ingle

Queen Grand Master- Lori Talley

Queen Senior - Dottie Rea

A SPECIAL AWARD WAS GIFTED TO JOHN FOWLKES WHO RAN EVERY RACE IN THE SERIES!

CONGRATULATIONS TO ALL OF OUR 2022-2023 UTS & LITE WINNERS

UTS High Mileage Award Recipients

Laura Hoffman (492)
Donald Thompson (425)
Vickie McDonald (402)
Chrissy Ferguson (397)
Caleb Horne (392)
Krista Buck (390)
Alan Hunnicutt (353)

UTS LITE High Mileage Award Recipients

John Fowlkes (256)
Shannon Wiley (234)
Rusty Bryan (218)
Julie Ingle (200)
Henry Turner (198)
Dale Powell (193)
Kelsey Walker (163)
Lauren Shoup (150)
Steve George (138)
Dottie Rea (130)

These points are based on both mileage run and volunteer hours served at our UTS events.

2023 - 2024 UTS/UTS LITE CALENDAR

Registration Is Open

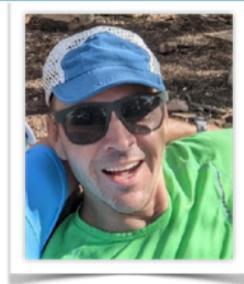
Click To Register

***See UTS Rules**

AURA BOARD



Stacey Shaver-Matson
President
Newsletter Editor
RD - ABF/OT50/AR Traveller 100



Shawn Sellers
Vice President
UTS & UTS LITE Coordinator



Katie Helms
Treasurer
RD - Catsmacker



Vickie McDonald
Secretary
UROY Coordinator



Rober Vogler (PoDog)
Trail Manager



Stan Ferguson
Website, IT, and
Equipment Manager



George Peterka
Website & IT



Jerry White
RRCA Arkansas State Rep



Arkansas Ultra Running Association
[Website](#)
[UTS Calendar](#)

Mt Magazine







RETREADS

Hello All, the first Wednesday of every month is RETREADS Day. What is a RETREAD? Could be a retired runner. Maybe not. Could be a runner who wants to eat out in the company of other runners.

We are currently meeting at Homer's Restaurant, 9700 West Rodney Paraham Road. We have the private room reserved for 11:30 a.m. If you plan on coming, it is important that you contact me the day before as our location is subject to change. At some time soon Homer's is scheduled to move to the old Franke location also on Rodney Parham. Or, we could decide to spend the summer at 2 Rivers Park. Right now as I write this, Homers is the location. So email me at CHRLYPYTN@GMAIL.COM if you've not been to RETREADS before and not on my notification list.



Thanks, Charley and Lou Peyton



**WELCOME TO OUR NEW AURA MEMBERS!
WE LOOK FORWARD TO THE OPPORTUNITY TO GET TO KNOW YOU BETTER.**

**CURRENT MEMBERS,
Thanks for Renewing Your Membership**

[Click Here to See IF You Need to Renew](#)

[Click Here To Register or Renew Your Membership](#)

[Click Here To See Events In The Ultra Trail Series](#)

[Click Here to Register for the UTS or UTS Lite](#)



HELP NEEDED! - CLUB NEWSLETTER EDITOR

Are you interested in volunteering and being more involved with the club? Are you somewhat computer savvy? I have been doing the club newsletter for nine years now. As much as I enjoy volunteering to do the club newsletter, I am happy to give someone else the opportunity. If you are interested in this task simply reply to this email. Feel free to email if you have questions regarding this volunteer service. I am happy to fill you in on all of the details.

Good Luck at Western States Endurance Run

Ronnie Daniel & Kyle Grady



[Click To Read About the Top 15 Trail Races In Arkansas](#)

Arkansas Outside recently sent out a survey across the state to see which races are most loved by athletes in our state. SEVEN of our AURA owned events made the list!! Big congratulations to our Race Directors, not only for those who made this list but to all of our RD's who put in countless hours over a period of many, many, many months to ensure that our races are both safe and fun. Our directors volunteer their time so that you don't have to pay much to race and so that we have more funds to donate to the communities that serve us. My philosophy - "Life is difficult, running shouldn't be."

Thank You to all who voted and most of all thank you for participating in our events. Your support and participation helps us ensure that we are able to continue offering free/pay what you can type events.